

### **6/1/10 After School Program about Gardens and Nutrition at Underwood Elementary School**

This is the last after school program in the series of six garden related nutrition education programs that Kids First Master Gardener Kim Korb has presented to students at Underwood Elementary School in Newport. Students have been learning about different types of gardens and their benefits, how plants grow, the nutrients in various foods grown in gardens and how these foods benefit the body.

### **6/1/10 Field Day at Barnes Elementary School**

School Nurse Valerie Jacavone has invited Kids First Master Gardener Kim Korb to work with students in the garden during the Sarah Dyer Barnes Elementary School Field Day in Johnston. Students will learn how to work the garden and will also learn about the importance of local farms and the seasonal crops that are currently growing.

### **6/2/10 Students at Cranston-Calvert School learn “How Does Our Garden Grow?”**

Kelly Clark, ASP Coordinator at Cranston-Calvert School in Newport, has invited Kids First Chef Katie Hopewood to present a six-week series of garden related nutrition education programs. Students will learn about their own nutrition as it relates to the fruits and vegetables they will grow in their school gardens. Some topics included are the “Vitamin Alphabet”, “The Parts of the Plant We Eat” and “Fabulous Fiber”. Each one hour, hands on lesson features a recipe for a healthy snack that the children will prepare and eat. RI Grown produce will be used when available. This is the last program in the series.

### **6/3/10 Dr. M.H. Sullivan School Students Learn “How Does Our Garden Grow?”**

Marlena Williams, ASP Coordinator at Dr. M.H. Sullivan School in Newport, has invited Kids First Master Gardener Kim Korb to present a six-week series of garden related nutrition education programs. Students will learn about their own nutrition as it relates to the fruits and vegetables they will grow in their school gardens. Some topics included are the “Vitamin Alphabet”, “The Parts of the Plant We Eat” and “Fabulous Fiber”. Each one hour, hands on lesson features a recipe for a healthy snack that the children will prepare and eat. RI Grown produce will be used when available. This is the last program in the series.

### **6/3/10 Boys and Girls Club of Pawtucket Children and Parents Learn About Healthy Eating**

Kids First Chef William McBride concludes this fun interactive eight week workshop on “Let’s Get Cooking” for the Boys and Girls Club of Pawtucket. Kids and parents learn the basic concepts of healthy eating and cooking as well as how to create simple healthy recipes. The focus is on seasonally available ingredients and using food items that are both healthy and economical. There are healthy food cooking demonstrations and tastings as well as recipes and nutrition education handout distribution.

#### **6/4/10 Brown Avenue School Students Dance for Better Health**

Diane Rossi, School Nurse at the Brown Avenue School in Johnston is inviting Kids First to take part in an afternoon of dancing! Students and staff will join Kids First Physical Activity Professional, Louis Moniz as he leads active dance sessions in the school gymnasium or outside if weather allows. "Mad Louis" will teach the students and their teachers how to do the Bus Stop, Electric Slide, Swing or any dance they want to learn.

#### **6/4/10 Matunuck School Students Dance for Better Health**

Donna Lennon, School Nurse at the Matunuck School in Wakefield is inviting Kids First to take part in a morning of dancing! Students and staff will join Kids First Physical Activity Professional, Louis Moniz as he leads active dance sessions in the school gymnasium or outside if weather allows. "Mad Louis" will teach the students and their teachers how to do the Bus Stop, Electric Slide, Swing or any dance they want to learn.

#### **6/7, 14/10 Good Nutrition and RI Grown at Anthony Carnevale School**

Coordinator Elizabeth Bochichio has invited Kids First Chefs Kimberly Sporkmann and Jessica Williams and Master Gardner Kim Korb to present a seven week after school program to students at Anthony Carnevale School in Providence. Students will learn about farms in RI and the fruits and vegetables that grow there. With demonstrations and hands on activities they will learn about good nutrition and prepare and taste healthy snacks that highlight RI Grown products.

#### **6/15/10 Thornton School Students Visit Salisbury Farm**

Cindy Joyce's 2<sup>nd</sup> grade class at the Thornton School in Johnston will join Kids First Dietitian Ellen Shaw for a field trip to Salisbury Farm in Johnston. They will learn about the history of the farm from Farmer Wayne Salisbury, take a hayride tour of the farm and meet the barnyard animals (donkeys, llamas, goats, cats ...). After the tour, the students will pick strawberries and have a picnic lunch before returning to school.