



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Serving Our Community

At the Y, strengthening community is our cause. Each year, YMCAs across Rhode Island impact the lives of nearly 140,000 community members—over 10% of all Rhode Islanders. The Y addresses three crucial areas of focus to help individuals learn, grow and thrive.

**THE Y IS FOR YOUTH DEVELOPMENT.** We believe that all kids deserve opportunities to discover who they are and what they can achieve. That's why, through the Y, youth today are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. **The Y is the largest provider of affordable child care in the state** with over 4,500 children in pre-school and Out-of-School Time programs, allowing parents to work knowing their children are safe and their lives are being enriched.

- *Each September, 900 Middletown middle schoolers participate in the Newport County Y's Anti-Bullying and Character Development Program. The program is a partnership with the Gaudet Middle School and is changing the way kids relate to each other.*
- *The Championing Our Students (COS) mentoring program, run by the Y's Providence Youth Services branch, connects high school students interested in studying law with mentors who are either law students or professionals practicing in the field.*

**THE Y IS FOR HEALTHY LIVING.** We support improving the state's health and well-being. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests.

**Y programs address critical health issues in our community**, including childhood obesity, diabetes prevention and cancer survivorship.

- *The YMCA's Diabetes Prevention Program is designed to help people at risk adopt and maintain healthy lifestyles and reduce their chances of developing type-2 diabetes.*
- *The YMCA of Greater Providence has partnered with LIVESTRONG to offer health and wellness programs for cancer survivors. Programs are offered free of charge to participants, and are designed to strengthen and support survivors on the road to recovery after their treatment.*
- *The Newport County Y has an Adapted Physical Activities Program that engages intellectually- and in some cases, physically-challenged youth and adults, in physical activities.*

**THE Y IS FOR SOCIAL RESPONSIBILITY.** We give back and support our neighbors. The Y has been listening and responding to our communities' critical needs for 160 years. Whether developing skills or emotional well-being, welcoming and connecting diverse populations, or advocating for healthier communities, the Y fosters the care and respect all people need and deserve.

**Rhode Island Ys provide \$7 million in free, subsidized, or sponsored programs**, allowing people to participate in activities leading them to healthier lives.

- *In partnership with the Armed Services YMCA and the Department of Defense, Rhode Island's Ys are proud to offer memberships and child care services to eligible military families and personnel to ease the stress that can accompany deployment.*

## ABOUT RHODE ISLAND YMCAS

### Key Statistics

- All 6 Rhode Island Y Associations belong to the State Alliance of Rhode Island YMCAs: Newport County, Ocean Community, Pawtucket and Central Falls, Greater Providence, Smithfield and Woonsocket. The 6 Y Associations operate branch facilities in Barrington, Coventry, Cranston, Lincoln, Middletown, North Kingstown, Pawtucket, Providence, Smithfield, South Kingstown, Westerly, Woonsocket, Wyoming, and in Mystic, CT and Seekonk, MA.
- 17 facility locations and numerous child care, camp and program centers across the state offering a wide range of services that help strengthen the foundations of *our* community.
- Nearly 140,000 members and program participants that are actively engaged at their local Ys every day.
- 64,000 youth and teens served through programs that provide training in leadership and community-building.
- 4,500 children are nurtured through affordable, safe child care.
- 7,600 young people develop into mature, responsible adults through summer camp and outdoor educational experiences.
- 2,300 volunteers assist in the delivery of programs and services, participate on Boards and assist in fundraising activities.
- 2,100 employees make a difference in the lives of Rhode Islanders by helping them develop personal approaches to achieving their goals.
- 5,000 donors provide assistance to support the mission work of the YMCA.

**By supporting Rhode Island's Ys, you're ensuring that every person, regardless of age, ability or income, has the opportunity to be healthy, confident, connected and secure.**

The YMCA serves the entire community and is open to everyone. **No one is turned away because of an inability to pay.** Donors enable the Y, a charitable, non-profit organization in compliance with IRS code 501 (c) 3, to offer financial assistance for those individuals and families who qualify.

[www.rhodeislandymcas.org](http://www.rhodeislandymcas.org)